



STATE OF IOWA

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DEPARTMENT OF EDUCATION
JUDY A. JEFFREY, DIRECTOR

DATE: January 2010

TO: Middle, Junior – Senior High School, Alternative School Principals, HIV Educators, School Nurses, Administrators Community-based and Faith-based Organizations, Youth-Serving Agencies, Juvenile Detention Faculty and Staff, and other interested persons

FROM: Sara A. Peterson, RN, MA, HIV/AIDS Project Director
Iowa Department of Education

RE: 2010-2011 HIV/STD/Pregnancy Prevention Teacher Training Schedule:
“AIDS 101/Teaching Activities”
“Draw the Line/Respect the Line” grades 6, 7, 8 Curriculum
“Focus on Youth” Curriculum
“Reducing the Risk” Curriculum
“Making A Difference” Curriculum
“Making Proud Choices” Curriculum

The 2010 – 2011 HIV/STD/Pregnancy Prevention Teacher Training Schedule and Registration Form are attached.

All curricula listed below comply with Iowa Code 256.9(54), the expanded mandate for age-appropriate, research-based human growth and development in the areas of AIDS education.

“Making A Difference” curriculum is an abstinence-based HIV, STD and pregnancy prevention curriculum. To reduce HIV/STD and pregnancy risk-related behaviors adolescents need not only knowledge and perception of personal vulnerability, but also positive attitudes and beliefs regarding abstinence, abstinence negotiation skills and confidence in their ability to abstain from sex. It can be used with middle-high school youth and youth-serving agencies.

“Making Proud Choices” curriculum is a comprehensive-based, HIV, STD and pregnancy prevention curriculum. It is a safer-sex approach to HIV/STD and teen pregnancy prevention; therefore, it includes information on birth control and contraception. It can be used with middle-high school youth, youth serving agencies, and juvenile facility residents.

“AIDS 101/Teaching Activities” one-day class will give the educator’s all of the basic information they need to teach an HIV prevention class including facts about HIV and AIDS, the virus, transmission and prevention, testing, the social impact and other essential information. The remainder of the time will be filled with prevention activities you can use in your classrooms or any setting where youth are learning about HIV prevention and risk-reduction.

“Draw the Line/Respect the Line, grades 6, 7, 8” curriculum is an comprehensive-based HIV, STD and pregnancy prevention curriculum that helps students develop personal sexual limits and practice the skills needed to maintain those limits when challenged. Healthy sexual limits will keep youth safer from HIV/STD and unplanned pregnancy. This curriculum is designed for the classroom.

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“Reducing the Risk” curriculum clearly emphasizes teaching refusal statements, delay statements and alternative actions students can use to abstain or protect. It goes beyond the facts about abstinence and protection. It can be used with middle – high school youth, youth serving agencies.

“Focus on Youth” curriculum is a community-based, not classroom, HIV/STD and pregnancy prevention intervention for African American youth, though it could be modified for all youth. Research was based on African American youth and their outcomes. It provides youth with the skills and knowledge to make healthy decisions that will prevent unplanned pregnancy, STDs and HIV. The curriculum uses fun, interactive activities, such as games, role plays and discussions, and community projects to convey prevention knowledge and skills. The intervention was updated from “Focus on Kids”, a community-university linked research and intervention program.

Registration for all trainings will begin at 8:00 am and we will plan to finish by 4:00 pm each day.

Please feel free to dress casually. Curricular materials, lunch and coffee breaks will be provided.

You may bring cell phones but will be asked to turn them off during class.

Substitute teacher pay, for the two day teacher training **up to \$125/day** will be reimbursed for teachers in attendance, during the school year, through the Iowa Cooperative Agreement Grant from the Centers for Disease Control and Prevention, 1U87/DP001192-02(03)

PLEASE NOTE: In order for your school district to be reimbursed for substitute teacher pay, during the school year. You will need to bring with you, on school district letterhead, an invoice stating the name(s) of the teachers in attendance, name and dates of class, and the cost of the substitute teacher for each day. It must have an original signature of the administrator. The reimbursement will be paid to the school district through the Electronic Funds Transfer (EFT). Reimbursement will not be paid if this invoice is not brought to the training or received within 14 days of the training date(s). All “AIDS 101” and curriculum trainings CAN be listed on the same invoice. The invoice MUST be dated AFTER the actual training dates.

Also Note: The curricula training fulfill the requirement of Iowa Code 256.9(54) in the area of HIV/AIDS education. Please call Sara Peterson at (515) 281– 4804, email sara.peterson@iowa.gov, if you have questions regarding the expanded Human Growth and Development requirement.

Please do NOT register for these classes if you are NOT going to be teaching the curricula. If you want to audit the class for curricula information only, please contact Sara Peterson. No substitute teacher pay will be reimbursed for auditing participants.

If you plan to attend any of these classes please fill out the enclosed registration and return it by mail/email to the indicated address or fax to Alicia Teran (515) 281-6548. **The registration deadline is listed for each class on the registration form. These deadline dates are FIRM.** Each person attending the trainings must fill out a form.

If you have questions about the class, reimbursement, etc. please feel free to contact me at (515) 281–4804, sara.peterson@iowa.gov or alicia.teran@iowa.gov, (515) 281-4715 .

A confirmation of attendance will be sent if time permits.

We reserve the right to cancel a class due to low attendance or postpone due to inclement weather.